



**KABC BLUE LIFESTYLE MINUTE
Wednesday, February 15, 2012**

Volcanic sippers. I'm Anthony Dias Blue with the Blue Lifestyle Minute sponsored by CUISINART. If you've ever looked at the labels on fruit juices and refreshment drinks, you know that often they are anything but healthy and certainly not organic. The new Italian Volcano juices in organic lemon, blood orange, and tangerine are exactly the opposite. Fresh-squeezed from fruit grown along the slopes of Sicily's Mt. Etna Volcano, these rejuvenating citrus drinks are delicious and nutritious. With no preservatives, Italian Volcano juices are USDA organic, kosher, high in Vitamin C and antioxidants, and contain 100% juice. The bottle of organic lemon juice alone contains about 40 Sicilian lemons! They also offer organic, not from concentrate Lemonade and Limeade for those with more of a sweet tooth. A 750-millileter bottle of Italian Volcano fresh juice is about \$5 and available in stores such as Whole Foods, or online at

dreamfoods.com. I'm Anthony Dias Blue sponsored by CUISINART—fine small appliances and cookware. Visit CUISINART.COM. This is the Blue Lifestyle Minute on Talk Radio 790 KABC.

<http://www.bluelifestyle.com/>

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