



Contact: Harry Merzian
310-315-5739 x 1005
pr@dreamfoods.com

**Italian Volcano® Juices and Volcano Lemon Burst®
Bring great flavor to your Super Bowl Sunday menu**

Santa Monica, January 6, 2012 – The time has come again for Dream Foods International to share its Bursting Guacamole recipe for Super Bowl Sunday! This is a time that brings together family and friends for fun and good food. The entire Italian Volcano® Juice line and Volcano Lemon and Lime Burst® are flavorful juices that can be served as a beverage and/or used as an ingredient. When used as an ingredient, they really enhance the flavor of the dish.

These recipes and many more can be found on www.dreamfoods.com and the entire collection of recipes for Italian Volcano® Juices and Volcano Lemon and Lime Burst® can be found on Facebook at www.facebook.com/drinkvolcano.



Bursting Guacamole!

- 2 medium, ripe avocados
- 1 tablespoon Volcano Lemon Burst®
- ¼ cup chunky salsa
- 1/8 teaspoon salt

Directions:

- 1) Peel and chop avocados; place in bowl.
- 2) Sprinkle with Volcano Lemon Burst®.
- 3) Add salsa and salt; mash with fork.



**Italian Volcano® Blood Orange
Bourbon Texas Beef**

- 4 6oz. Beef Filets
- ½ c. Bourbon
- 1 c. Italian Volcano® Blood Orange Juice
- ¼ c. demi-glacé
- 2 tbsp. olive oil
- Sea Salt to taste
- Black pepper to taste

Directions:

- 1) Heat a heavy pan over high heat, add the olive oil. Season fillet with salt and pepper and sear for approximately 8-10 minutes on each side. Remove and keep warm.
- 2) Pour off most of the fat. Add the bourbon to the pan and reduce by half. Add the demi-glacé and Italian Volcano® Blood Orange juice.
- 3) Reduce until nice and thick. Turn off the heat and season to taste.

Enjoy!

About Dream Foods International, LLC

Dream Foods International, LLC distributes a super-premium, organic, kosher, not from concentrate citrus juice line that includes the award-winning *Italian Volcano® Blood Orange Juice, Tangerine Juice, Lemon Juice, Old-Fashioned Lemonade and Limeade* as well as the best-selling *Volcano Lemon* and *Lime Burst®*. The Santa Monica-based company continues to broaden its distribution in the United States and Canada with product available in chains like Winn-Dixie, Kroger's, Vons, Whole Foods, The Fresh Market, Fresh and Easy, Safeway Canada, Thrifty Foods Canada and Costco. Consumers can buy Dream Foods International's products at the website www.mybrands.com by searching under the brand name "Volcano" and on the website www.greenpolkadotbox.com by searching under "Italian Volcano" and "Volcano." They can search on the company's website at www.dreamfoods.com to get recipes and help locating retailers in their area. To stay informed about all of our upcoming events and latest news, the company can be followed on Facebook at www.facebook.com/drinkvolcano

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**Dream Foods International, LLC • 1223 Wilshire Blvd. #355. Santa Monica, CA 90403
1-877-9VOLCANO • www.dreamfoods.com**