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5 Unexpected Ways to Use Italian Volcano® Lemon Juice

Santa Monica, August 12, 2015 – Dream Foods International, LLC, (www.dreamfoods.com), a specialist in organic juices from Sicily, Italy, and natural ethnic foods, shares 5 unexpected ways to use Italian Volcano® Lemon Juice.

1. **Daily Detox** – Folks who like natural foods will tell you that filling a small glass of warm water with 1 ounce of Italian Volcano® Lemon Juice is an ideal way to start the day. These folks say this tonic promotes healthy digestion, naturally alkalizes the body, flushes out toxins from the liver, and offers incredible natural hydration in the morning.
2. **Whiten, Soften, and Freshen Clothes** – For the brightest whites from bed linens, towels, white shirts to favorite summer clothes; just add ¼ cup of Italian Volcano® Lemon juice to wash cycle instead of bleach. Be sure to use on white cotton items only.
3. **Clean and Fresh Room** – Just blend 3 parts water, 1 part white table vinegar and 1 part Italian Volcano® Lemon juice in a spray bottle and use to clean, deodorize, and gently sanitize your home, car, office or bathroom, quickly and safely. This works great for porcelain and stainless steel, but don't use it on marble surfaces.
4. **Bug Bites** – Take the itch out with a few teaspoons of Italian Volcano® Lemon juice. Mix baking soda with the lemon juice to create a paste, and apply directly to the bite. Alternately, soak in a tub of lukewarm water, lemon juice and baking soda to soothe the skin. This also works well for poison ivy or acne prone skin. Make sure to consult with your doctor first if you have sensitive skin.
5. **Microwave Steam Clean** - Fill a microwave safe bowl with water, ½ cup Italian Volcano® Lemon juice, and heat on high for 3 minutes, allowing steam to build. Let rest for 1 minute, then carefully remove bowl. Using cloth or paper towel, dip into hot lemon mixture and wipe entire microwave inside and out, including heating plate (with caution). Repeat whenever odors or splatters abound.



More information is available at www.dreamfoods.com. The entire recipe collection for Italian Volcano® Juices and Volcano Lemon and Lime Burst® can be found on Facebook at www.facebook.com/drinkvolcano.

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About Dream Foods International, LLC

Dream Foods International, LLC distributes a super-premium, organic, kosher, not from concentrate citrus juice line that includes the award-winning *Italian Volcano® Blood Orange Juice, Tangerine Juice, Lemon Juice, Old-Fashioned Lemonade and Limeade* as well as the best-selling *Volcano Lemon* and *Lime Burst®*, and *Volcano Grenadine Burst®*. The newly acquired Casa Mexicana brand brings the wonderfully rich and diverse cuisine of Mexico to the kitchen tables of America. The Seasonings, Rice, and Soups, feature all-natural ingredients, no additives and no MSG. Casa Mexicana delivers the best Mexican food experience, quickly and conveniently. The Santa Monica-based company continues to broaden its distribution in the United States and Canada with product available in chains like Winn-Dixie, Kroger, Whole Foods, The Fresh Market, Safeway Canada, Thrifty Foods Canada, Meijer, Albertsons, Wegman's, Giant of Landover, Stop & Shop, and Costco. Consumers can buy Dream Foods International's products online at Amazon.com and MyBrands.com. To stay informed about upcoming events and the latest news, follow Dream Foods on Facebook at www.facebook.com/drinkvolcano | www.facebook.com/casamexicanafood